

Alzheimer's Disease Foundation Malaysia (ADFM) is a non-profit organisation set up to raise awareness of AD and other forms of dementia, and to help dementia patients and their families in Malaysia.

The **PJ Family Support** for Alzheimer's Disease (AD) care-givers was launched in 1998 by Catherine Siow and other care-givers with help from the **Rotary Club of Shah Alam**.

"**Helpful Tips in Caring for Patients with Alzheimer's Disease**" was compiled by **Dr P Srinivas** in 2000 under the Gerontological Association of Malaysia for the Malaysian public. There was not much awareness of the Alzheimer's Disease (AD) during that time.

ADFM Daycare Centre in Taman Seputeh KL is a "Home away from Home"

Besides providing quality care by trained staff, the centre also schedules varied and interesting activities to stimulate the minds and bodies of the AD loved ones in their care. The program range from a game of bingo to a session of brain gym. Reminiscence therapy and reality orientation are aimed to help slow down the progression of the disease.

Caring for AD patients has been described as a "36-hour day" burden for the care-givers, so the Day-care provides them the much needed break.

For further information on Alzheimer's Disease, contact:

Alzheimer's Disease Foundation Malaysia (ADFM)

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WELCOME

to our

Public Forum in Conjunction with World Alzheimer's Day

Theme for 2006 : "No Time To Lose"

"CARING FOR OUR BELOVED BEGINS WITH YOU & ME"

24 September 2006 Sunday

at

Seminar Room 2 Kompleks Masyarakat Penyayang (Penang Caring Complex)

- 2.30 pm Registration
Exhibition / Video Presentation
- 3.00 pm Welcome Address by Support Group Co-ordinator **Mr. Tan Yeow Joo**
- 3.10 pm Special Delivery and Opening by our guest of honour
Dato' Seri Dato' Dr T Devaraj
- 3.30 pm Presentation of souvenirs to our invited guests
- 3.40 pm "CARING FOR THE BELOVED BEGINS WITH YOU & ME"
by **Dr Koh Wai Keat** (Presentation in **Mandarin**)
- 4.10 pm "CREATING PUBLIC AWARENESS"
by **Dr P Srinivas** (Presentation in **English**)
- 4.30 pm Questions and Answers
- 4.50 pm Refreshments

Organised by:

ADFM Penang Support Group and

Sponsored by:

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